



**St. Albert Sports Academy**  
**Recreation Program**  
**May 2024**

DATE	
Thursday, May 2	<b>Activate West End</b> Please send your child with their keychain or with the email address you used on the last waiver
Tuesday, May 7	<b>Baseball with Taylor @ Absolute Human Performance</b> *Clean indoor shoes mandatory and active clothing.
Thursday, May 9	<b>No More Excuses- Pound Fitness</b> *Clean indoor shoes mandatory and active clothing!
Tuesday, May 14	<b>CCT Indoor Golf</b> *Can bring own golf clubs
Thursday, May 16	<b>Edmonton Squash Club</b> *Clean indoor shoes with no black soles mandatory!
Tuesday, May 21	<b>CCT Indoor Golf(4 /bay) 1-2:20</b> *Can bring own golf clubs
Thursday, May 23	<b>Edmonton Squash Club</b> *Clean indoor shoes with no black soles mandatory!
Tuesday, May 28	<b>Baseball with Taylor @ Absolute Human Performance</b> *Clean indoor shoes mandatory and active clothing.
Thursday, May 30	<b>Swimming Servus Place</b>



**St. Albert Sports Academy**  
**Recreation Program**

**Mrs. McKinnon's Grade 5 Group**  
**May 2023**

DATE	Mrs.McKinnon: Grade 5 Group
Thursday, May 2	BeActive Badminton *Clean indoor shoes mandatory!
Tuesday, May 7	No More Excuses- Pound Fitness *Clean indoor shoes mandatory!
Thursday, May 9	Baseball with Taylor @ Absolute Human Performance *Clean indoor shoes mandatory and active clothing.
Tuesday, May 14	Amazone Playpark *Students must wear socks. They can bring money if they want to purchase a snack from the concession.
Thursday, May 16	Predator and Prey: Whitemud Park Bus leaves early! 12:35pm. Pack a quick, easy lunch that does not need heating. Students need to dress for the outdoors in a forested area. We play tag like games.
Tuesday, May 21	Game OVR * Bus leave 12:50pm
Thursday, May 23	Foam Fighters Bus leave EARLY. 12:40pm. <a href="#">WAIVER NEEDED</a>
Tuesday, May 28	Baseball with SAMBA *Dress for the outdoors.
Thursday, May 30	Baseball with SAMBA *Dress for the outdoors.



## St. Albert Sports Academy Recreation Program

**May 2024**

DATE	<i>Mrs. McKinnon's Grade 6-9 Rec Academy</i>
Wednesday, May 1	<b>BeActive Badminton</b> *Clean indoor shoes mandatory!
Monday, May 6	<b>BeActive Badminton</b> *Clean indoor shoes mandatory!
Wednesday, May 8	<b>TRACK and Field DAY at Fowler Track(Junior High Only)</b> <i>Bus leaves 8:50am. Returns 2:35pm. Permission Slips will be sent home. Order Subway lunch online through Healthy Hunger if interested, or bring a bagged lunch.</i>  <i>Grade 6- DESA Karate or stay back for Booster blocks with non-rec students. Email Mrs. McKinnon your choice:)</i>
Monday, May 13	<b>B-Active Ping Pong</b> *Clean indoor shoes mandatory!
Wednesday, May 15	<b>No More Excuses- Pound Fitness</b> <i>Bus leaves early. 12:40pm</i>
Monday, May 20	<i>Victoria Day</i>
Wednesday, May 22	<b>Predator and Prey: Whitemud Park</b> <i>Bus leaves early. 12:30pm. Dress for the outdoors, forested area! Tag likes games. Wear running shoes.</i>
Monday, May 27	<b>Canoe/kayaking @ Cardiff Pond</b> <b>PDF WAIVER: Will be sent home. If lost, print from home.</b> <i>Bus leaves early. 12:40pm. Dress for the outdoors. You may get wet.</i>
Wednesday, May 29	<b>Baseball with SAMBA coaches.</b> <i>Dress for the outdoors.</i>



**St. Albert Sports Academy**  
**Recreation Program**

**May 2024**

<b>DATE</b>	<b>5/6 Meek</b>
<b>Wednesday, May 1</b>	<i>Rugby 51 Riel Dr, St. Albert, AB Bus leaves 1 Pickup 2:35</i>
<b>Monday, May 6</b>	<i>DESA Karate 3 Rowland Crescent Bus leaves 12:50 Pickup 2:35</i>
<b>Wednesday, May 8</b>	<i>DESA Karate 3 Rowland Crescent Bus leaves 12:50 Pickup 2:35</i>
<b>Monday, May 13</b>	<i>Amazone playground 3210 118 Ave NW #173 Bus leaves 12:35 Pickup 2:25</i>
<b>Wednesday, May 15</b>	<i>Pickleball (Behind Bertha Kennedy Larose Park) Bus leaves 12:45 Pickup 2:35</i>
<b>Monday, May 20</b>	<i>VICTORIA DAY NO SCHOOL</i>
<b>Wednesday, May 22</b>	<i>Rollers Roller Rink 14648-134 Ave NW <u>WAIVER REQUIRED</u> Bus leaves 12:45 Pick up 2:30</i>
<b>Monday, May 27</b>	<i>Clip N Climb 9718 12 Ave SW <u>WAIVER REQUIRED</u> Bus Leaves 12:35 Pickup 12:20</i>
<b>Wednesday, May 29</b>	<i>Rock Jungle / Factory Climbing 10247 184 St NW <u>WAIVER REQUIRED</u> Bus leaves 12:45 Pickup 2:30</i>

