

St. Albert Sports Academy
“Athletics are a Dress Rehearsal for Life”

Ph. #459-4478

ggiacobbo@gsacrd.ab.ca

**Parent Consent Form for off – site Sports Academy Programming
2017/18**

Please Sign and return to Sports Academy Instructor

The Board of Trustees supports the practice of conducting educational field trips and excursions that enhance student learning as described in the Program of Studies and as aligned with the division mission statement. There are risks associated with every field trip. Please read this parent information carefully so that you can provide a well-informed parental consent for these activities. At any facilities where instruction is provided those providing the instruction are professionals. At all facilities there is always one teacher and an assistant on hand. Each of our activities/trips is used to meet curricular outcomes for Physical education and health. Some of these activities will take place outside of our school setting. Transportation to these venues will be by way of charter bus company. These activities can include:

Please initial beside each activity	Activity	Dates: see your group's monthly schedule for exact date	Facility	Location
	Golf	Sept. - June	Twin Willows Dragons Head	Edmonton (Weather Permitting)
	Lacrosse	Sept. - June	Servus/Akins/Kinex	St. Albert
	Badminton/Cooking	Sept. - June	Servus	St. Albert
	Martial Arts	Sept. - June	Complete Fitness	St. Albert
	Curling	Sept. - June	St. albert Curling Club	St. Albert
	V-Ball/Kick boxing Training	Sept. - June	Servus	St. Albert
	Swimming/Foam Roll Training	Sept. - June	Servus	St. Albert
	TRX/Basketball	Sept. - June	Servus	St. Albert
	Aerobic Yoga/Basketball	Sept. - June	Servus	St. Albert
	Badminton/Pilates	Sept. - June	Servus	St. Albert
	Dance	Sept. - June	R.S. Fowler School	St. Albert
	Gymnastics/Cheer leading	Sept. - June	Dynamyx	ST. Albert
	V-Ball/Kettle ball	Sept. - June	Servus	St. Albert
	Track and Field	Sept. - June	Fowler Track	St. Albert
	Turf Games	Sept. - June	Servus	St. Albert
	Water Polo	Sept. - June	NAIT	Edmonton
	Rock Climbing/Cross Fit/Yoga	Sept. - June	Rock Jungle	Edmomnton
	Boxing Fitness Training	Sept. - June	Panther Gym	Edmomnton
	Bowling	Sept. - June	St. Albert Bowling Center	St. Albert
	Functional Fitness	Sept. - June	The Base	Edmonton
	Boxing Fitness	Sept. - June	Panther Gym	Edmonton
	Archery	Sept. - June	Edmonton Archery	Edmonton
	Laser Tag	Sept. - June	Laser Quest	Edmonton
	Axe Throwing	Sept. - June	Axehole	Edmonton
	Functional Fitness	Sept. - June	River Valley Health	Edmonton

*Any changes to schedule will be communicated to parents via email

PLEASE NOTE:

- Please initial all activities for your child to attend and participate.
- Due to inclement weather, alternative activities may be substituted for the above noted activity.
- Please indicate a "NO" beside any activity(ies) your child is NOT permitted to attend.
- Additional waivers/consents may be required by individual facilities.

The following is a checklist of my child's medical condition (including allergies, conditions requiring medications, etc.) And/ or a list of medication that my child must take and any special instructions regarding medication and administration. (Please check and complete notification for concerns or write NA for not applicable)

Allergies include: _____

Asthma _____

Specialized transportation _____

Epi-pen is required _____

Inhaler required _____

Other: _____

PARENTAL PERMISSION:

☐ I have read and understand the educational and safety (risk) assessments provided for each activity.

I give _____ my permission to attend the above noted activities that I have initialed.

Full name of student

If my child requires medical attention, I authorize the supervisors to seek necessary medical treatment.

In case of an emergency I may be contacted at:

An alternate emergency contact is:

Home telephone(s): _____

Work telephone(s): _____

Cellular telephone: _____

Name: _____

Relationship: _____

Home telephone(s): _____

Work telephone(s): _____

Cellular telephone: _____

Signature of Parent/Guardian

Date

Print name of Parent/Guardian

Greater St. Albert Sports Academy Activities Educational and Risk Assessment

Physical education and health curriculum focus on the students' ability to be active daily in a variety of activities, appreciate the benefits of physical activity, have the ability to interact positively and will assume responsibility to lead an active life. Each of our activities/trips is used to meet these criteria.

Activity	Hazards/Risks
Hockey	Transportation to and from site <ul style="list-style-type: none"> • Hypothermia or frostbite • Dehydration • Concussion • Falls on ice • Scrapes, bumps or bruises • Collisions with other objects or people • Injury from collision or falls
Soccer	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls • Scrapes, bumps or bruises • Injury from being hit with ball • Injury due to inclement weather • Concussion
Aerobic Yoga/Pilates	Transportation to and from site <ul style="list-style-type: none"> • Dehydration • Collisions with other objects or people • Injury from collision or falls • Scrapes, bumps or bruises • Concussion
Badminton	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls • Scrapes, bumps or bruises • Injury from being hit with racket or shuttle • Concussion
Basketball	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls • Injury from being hit with ball • Scrapes, bumps or bruises • Concussion
Baseball	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people

	<ul style="list-style-type: none"> • Dehydration • Injury from falls • Injury from being hit with ball or bat • Scrapes, bumps or bruises • Concussion
Bowling	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Injury from falls • Injury from dropping ball • Scrapes, bumps or bruises • Concussion
Boxing Fitness/Ju – Jit – su/Martial Arts	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls • Injury from contact with classmates • Scrapes, bumps or bruises • Concussion
Cooking	Transportation to and from site <ul style="list-style-type: none"> • Food Poisoning • Allergic Reaction • Burn • Injury from sharp cooking utensils
Curling	Transportation to and from site <ul style="list-style-type: none"> • Hypothermia or frostbite • Dehydration • Concussion • Falls on ice • Collisions with other objects or people • Injury from collision or falls • Scrapes, bumps or bruises
Fitness Training/Weight Training/Kettle ball Training	Transportation to and from site <ul style="list-style-type: none"> • Dehydration • Concussion • Collisions with other objects or people • Injury from collision or falls • Scrapes, bumps or bruises
Golf	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls

	<ul style="list-style-type: none"> • Injury from being hit with ball • Injury due to inclement weather • Concussion
Gymnastics/Cheer/Trampoline	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Scrapes, bumps or bruises • Injury from falls from gymnastic apparatus • Concussion
Dance	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Scrapes, bumps or bruises • Dehydration • Injury from falls • Concussion
Running	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Scrapes, bumps or bruises • Injury from falls • Injury due to inclement weather • Concussion
Ultimate Frisbee/Touch Football	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Scrapes, bumps or bruises • Injury from falls • Injury from being hit with ball/Frisbee • Injury due to inclement weather • Concussion
Swimming/Water – Polo	Transportation to and from site <ul style="list-style-type: none"> • Injury • Slipping and Falling • Drowning • Hypothermia • Heat stroke or sunburn • Diving • Concussion
Volleyball	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration

	<ul style="list-style-type: none"> • Injury from falls • Injury from being hit with ball • Injury from running into net • Scrapes, bumps or bruises • Concussion
Wall Climbing	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Injury from falls • Scrapes, bumps or bruises • Climbing without a belay • Being dropped by one's belayer <ul style="list-style-type: none"> • Improper operation of equipment • Concussion
Acro/Dance	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Collisions with objects or other people • Scrapes, bumps or bruises • Dehydration • Injury from falls • Concussion
Lacrosse	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Collisions with objects or other people • Scrapes, bumps or bruises • Dehydration • Injury from falls • Concussion
Rugby	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Collisions with objects or other people • Scrapes, bumps or bruises • Dehydration • Injury from falls • Concussion
Tennis	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Collisions with objects or other people • Scrapes, bumps or bruises • Dehydration • Injury from falls • Concussion
Archery/Axe Throwing	<p>Transportation to and from site</p> <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration • Injury from falls • Scrapes, bumps or bruises

	<ul style="list-style-type: none">• Injury from being hit with Bow or arrow or Axe• Concussion
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Volleyball	Transportation to and from site <ul style="list-style-type: none"> • Collisions with objects or other people • Dehydration

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