

Group 7

October 2022

Date	Drop Off	Activity
Oct. 4	Servus Place	Volleyball/Ropes training
Oct. 5	Troy Murray	Hockey
Oct. 6	Troy Murray	Hockey
Oct. 11	Albert Lacombe	Sports Psychology /P.E./Health
Oct. 12	Troy Murray	Hockey
Oct. 13	Troy Murray	Hockey
Oct. 18	Albert Lacombe	P.E./Fitness/Health
Oct. 19	Troy Murray	Hockey
Oct. 20	Troy Murray	Hockey
Oct. 25	No Limits	Hockey Skills/fitness
Oct. 26	Troy Murray	Hockey
Oct. 27	Troy Murray	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity
- No Limits is located at 107 Carleton Dr. **For No limits please make sure athletes have a change of clothes, hockey stick, helmet and hockey gloves.**
- **All drop offs should be made by 8:00 A.M.**