

Group 5

September 2025

Date	Drop Off	Activity
Sept. 4	Albert Lacombe 50 Gainsborough Ave.	Baseline Concussion Testing
Sept. 9	Mark Messier	Hockey
Sept. 10	Mark Messier	Hockey
Sept. 11	Albert Lacombe 50 Gainsborough Ave.	P.E./Wellness/Fitness Testing
Sept. 16	Mark Messier	Hockey
Sept. 17	Mark Messier	Hockey
Sept. 18	St. Albert Curling Club 3 Tache St.	Curling
Sept. 23	Mark Messier	Hockey
Sept. 24	Mark Messier	Hockey
Sept. 25	Albert Lacombe 50 Gainsborough Ave.	P.E./Wellness/Fitness Testing

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- **Velocity Training is at 33 Corriveau Ave. Please have stick, gloves, and helmet.**
- Mark Messier – Servus Place – 400 Campbell Rd.
- St. Albert Curling Club is located at 3 Tache ST.
- **All drop offs should be made by 8:00 A.M.**