

Group 3

September 2025

Date	Pick Up	Activity
Sept. 3	Mark Messier	Hockey
Sept. 4	Mark Messier	Hockey
Sept. 9	Albert Lacombe 50 Gainsborough Ave.	Fitness Testing
Sept. 10	Mark Messier	Hockey
Sept. 11	Mark Messier	Hockey
Sept. 16	St. Albert Curling Club 3 tache St.	Curling
Sept. 17	Mark Messier	Hockey
Sept. 18	Mark Messier	Hockey
Sept. 23	Velocity Training 35 Corriveau Ave.	PE/Fitness/Skills
Sept. 24	Mark Messier	Hockey
Sept. 25	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- **Velocity Training is at 35 Corriveau Ave. Please have a helmet, stick and gloves**
- The St. Albert Curling club is located at 3 Tache St.
- Mark Messier – Servus Place – 400 Cambell Rd.
- **Pick Up is 3:00 P.M.**