

St. Albert Sports Academy
“Athletics are a Dress Rehearsal for Life”
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Flames
 Mar. 2020

Date	Pick Up	Activity
Mar. 3	M.M.	Hockey
Mar. 4	Servus	Badminton/Olympic Lifting
Mar. 5	G.A.	Hockey
Mar. 10	M.M.	Hockey
Mar. 11	Game OVR	Virtual Video Games
Mar. 12	G.A.	Hockey
Mar. 17	M.M.	Hockey
Mar. 18	A.L.	P.E./Fitness
Mar. 19	G.A.	Hockey
Mar. 31	KC TWIN ARENA	Hockey

- All Athletes are to be picked up by 3:00 P.M.
- All athletes should have a proper change of clothes and water bottle for each activity.
- Game OVR is located at 129 – 1 Hebert Road
- **Please note the use of KC Twin Arena on Mar. 31**

Have a fun, safe and restful spring break