

Grade 7 - 9 GCD

October 2022

Date	Pick up	Activity
Oct. 4	Dynamyx	Gymnastics
Oct. 5	Dynamyx	Cheer
Oct. 6	No limits	Dance
Oct. 11	Dynamyx	Gymnastics
Oct. 12	Dynamyx	Cheer
Oct. 13	No limits	Dance
Oct. 18	Dynamyx	Gymnastics
Oct. 19	Dynamyx	Cheer
Oct. 20	No limits	Dance
Oct. 25	Servus Place	Volley ball/Ropes training
Oct. 26	Albert Lacombe	Sports Psychology /P.E./Fitness
Oct. 27	No Limits	Dance/Fitness

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- Dynamyx is located at 175 Carleton Drive
- No limits is located in the same parking lot as Dynamyx
- **Pick Up is 3:00 P.M.**