

**St. Albert Sports Academy**  
***“Athletics are a Dress Rehearsal for Life”***  
**Ph. #459-4478**  
**[ggiacobbo@gsacrd.ab.ca](mailto:ggiacobbo@gsacrd.ab.ca)**

Senators  
Feb. 2020

Date	Pick Up	Activity
Feb. 4	G.A.	Hockey
Feb. 5	G.A.	Hockey
Feb. 11	G.A.	Hockey
Feb. 12	G.A.	Hockey
Feb. 13	Servus	Pickleball/Hiit Training
Feb. 18	G.A.	Hockey
Feb. 19	G.A.	Hockey
Feb. 20	Servus	Axe Monkey
Feb. 25	G.A.	Hockey
Feb. 26	G.A.	Hockey
Feb. 27	A.L.	Sports Psych/Fitness

- All Athletes are to be picked up by 3:00 P.M.
- All athletes should have a proper change of clothes and water bottle for each activity.
- Make sure your axe throwing waiver is done