

**St. Albert Sports Academy**  
**Richard S. Fowler - Recreation Program**  
*“Athletics are a Dress Rehearsal for Life”*  
**Ph. # 780 459 2644**

[barlinghaus@gsacrd.ab.ca](mailto:barlinghaus@gsacrd.ab.ca)

June 2025

Date	Location	Activity
3	Victoria Park	Archery
4	Absolute Human Performance	Baseball
5	Cardiff Pond	Kayaking
10	Snow Valley Aerial Park	Ropes course
11	Escape City	Escape room
12	WEM Rec Room	Games
17	Servus Place	Swimming

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Mrs. Bazzarelli so that arrangements can be made.**

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[kbazzarelli@gsacrd.ab.ca](mailto:kbazzarelli@gsacrd.ab.ca)

June 2025

Date	Location	Activity
3	Cardiff Pond	Kayaking
4	Grosvenor Pool	Swimming
5	Snow Valley Aerial Pool	Ropes course
10	RSF	Baseball
11	Escape Hour	Escape room
12	WEM Rec Room	Games
17	Servus Place	Swimming

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[cludtke@gsacrd.ab.ca](mailto:cludtke@gsacrd.ab.ca)

June 2025

Date	Location	Activity
3	South Gymnastics & Ninja	Gymnastics
4	Cardiff Pond	Kayaking
5	Cardiff Pond (Gr. 8) River Watch (Gr. 9)	Kayaking
10	Escape City	Escape room
11	Snow Valley Aerial Park	Ropes Course
12	WEM Rec Room	Games
17	Servus Place	Swimming

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