

St. Albert Sports Academy
Richard S. Fowler - Recreation Program
“Athletics are a Dress Rehearsal for Life”
Ph. # 780 459 2644
kkaplar@gsacrd.ab.ca

Kaplar 2019
March Schedule

Date	Location	Activity
March 3	Servus Place	Basketball
March 4	Servus Place	Fitness
March 5 (combined)	NAIT pool	Swimming
March 10	Soul Fitness	Yoga
March 11	Victoria Park	X-country Skiing
March 12	Combat Archery	Archery
March 17	Soul Fitness	Yoga
March 18 (combined)	Fountain Park	Swimming
March 19 (combined)	Galaxyland	Amusement Park
March 31 (combined)	Rock Jungle	Rock climbing

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke or Ms. Kaplar so that arrangements can be made.**

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cludtke@gsacrd.ab.ca

Ludtke 2019
March Schedule

Date	Location	Activity
March 3	Soul Fitness	Yoga
March 4	Hayabusa	Martial Arts
March 5 (combined)	NAIT pool	Water Polo
March 10	Edmonton squash	Squash
March 11	Servus	Fitness
March 12	Soul Fitness	Yoga
March 17	Combat Archery	Archery
March 18 (combined)	Fountain Park Pool	Swimming
March 19 (combined)	Galaxyland	Amusement park
March 31 (combined)	Rock Jungle	Rock Climbing

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- **If students are unable to bring equipment, please inform Mr. Ludtke or Ms. Kaplar so that arrangements can be made.**