

St. Albert Sports Academy
Richard S. Fowler - Recreation Program
"Athletics are a Dress Rehearsal for Life"
Ph. # 780 459 2644

eesposito@gsacrd.ab.ca

April 2024

Date	Location	Activity
2	Planet Lazer	Lazer Tag
3	Absolute Human Performance	Baseball skills
4	Sturgeon Valley Athletic Club	Fitness
9	Millennium Place	Swimming
10	House of Wheels	Scootering
11	Legends	Soccer/ Volleyball
16	Foam Fighters	Target Games
17	Alfred Savage Centre	Shelter Building
18	Metro Billiards	Pool
23	Play it Again Sports	Batting Cages
24	WEM WaterPark	Swimming
25	Servus Place	Ball Hockey
30	Chuck-e-Cheese	Games

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Ms. Esposito so that arrangements can be made.**

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barlinghaus@gsacrd.ab.ca

April 2024

Date	Location	Activity
2	Absolute Human Performance	Baseball
3	House of Wheels	Scootering
4	U of A Butterdome	Tennis
9	Servus Place	Ball Hockey
10	Legends	Soccer/ Volleyball
11	Metro Billiards	Pool
16	Planet Lazer	Lazer Tag
17	Sturgeon Valley Athletic Club	Fitness
18	Play it Again Sports	Batting Cages
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