

**St. Albert Sports Academy**  
**Richard S. Fowler - Recreation Program**  
*"Athletics are a Dress Rehearsal for Life"*  
**Ph. # 780 459 2644**

[barlinghaus@gsacrd.ab.ca](mailto:barlinghaus@gsacrd.ab.ca)

May 2025

Date	Location	Activity
1	Chuck-e- Cheese	Games
6	RSF	Track & Field
7	RSF	Track & Field
8	South Gymnastics & Ninja	Gymnastics
13	YEG Classified	Laser tag
14	Velodrome	Biking
15	RSF	Baseball
20	St. Albert Biking trails	Biking
21	RSF	RSF Track Day
22	Fitset Ninja Warrior	Abstocales
27	RSF	Wheelchair basketball
28	Activate	Games
29	RSF	Wheelchair basketball

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Mrs. Bazzarelli so that arrangements can be made.**

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[kbazzarelli@gsacrd.ab.ca](mailto:kbazzarelli@gsacrd.ab.ca)

May 2025

Date	Location	Activity
1	Chuck-e-Cheese	Games
6	RSF	Track & Field
7	RSF	Track & Field
8	Victoria Park	Archery
13	Velodrome	Biking
14	Panthers Boxing	Boxing
15	YEG Classified	Laser Tag
20	St. Albert Biking trails	Biking
21	RSF	RSF Track day
22	Foam Fighters	Nerf games
27	RSF	Wheelchair basketball
28	RSF	Wheelchair basketball
29	Activate	Games

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May 2025

Date	Location	Activity
1	Chuck-e-Cheese	Games
6	RSF	Track & Field
7	RSF	Track & Field
8	Velodrome	Biking
13	St. Albert Trails	Biking
14	YEG Classified	Laser Tag
15	RSF	Baseball
20	Victoria Park	Archery
21	RSF	RSF Track day
22	Absolute Human Performance	Baseball
27	Activate	Games
28	RSF	Wheelchair basketball
29	RSF	Wheelchair basketball

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