



St. Albert Sports Academy
Recreation Program
April 2025

DATE	Group 1 (Mr. Kelly) Activity	Location	Group 2 (Mrs. French) Activity	Location	Group 3 (Miss. LaBuick) Activity	Location
Tues. April 1	Shoot 360	Shoot 360 Sherwood Park Depart: 12:20 PM Return: 1:50 PM	Panther Boxing	Panther Gym Depart: 12:20 pm Return: 1:50 pm	Activate Waiver	Activate West Edmonton Depart: 12:20pm Return: 2:00pm
Wed. April 2	Activate Waiver	Activate West Edmonton Depart: 12:20pm Return: 2:00pm	Shoot 360	Shoot 360 Sherwood Park Depart: 12:20 PM Return: 1:50 PM	Panther Boxing	Panther Gym Depart: 12:20 pm Return: 1:50 pm
Thurs. April 3	Panther Boxing	Panther Gym Depart: 12:20 pm Return: 1:50 pm	Activate Waiver	Activate West Edmonton Depart: 12:00pm Return: 2:00pm *Note earlier departure today*	Shoot 360	Shoot 360 Sherwood Park Depart: 12:20 PM Return: 1:50 PM
Tues. April 8	Factory Climbing Waiver	Factory Climbing Depart: 12:20pm Return: 2:00pm	Pickleball	EVP Center South Depart: 12:20 PM Return: 1:50 PM	Foam Fighters Waiver	Foam Fighters Depart: 12:20pm Return: 1:55pm

Wed. April 9	Pickleball	EVP Center South Depart: 12:20 PM Return: 1:50 PM	Factory Climbing Waiver	Factory Climbing Depart: 12:20pm Return: 2:00pm	Metro Billiards	Metro Billiards Depart: 12:40 PM Return: 2:00 PM
Thurs. April 10	Metro Billiards	Metro Billiards Depart: 12:40 PM Return: 2:00 PM	Foam Fighters Waiver	Foam Fighters Depart: 12:20pm Return: 1:55pm	Pickleball	EVP Center South Depart: 12:20 PM Return: 1:50 PM
Tues. April 15	Foam Fighters Waiver	Foam Fighters Depart: 12:20pm Return: 1:55pm	Lacrosse	RAISE Depart: 12:45pm Return: 2:10pm	Factory Climbing Waiver	Factory Climbing Depart: 12:20pm Return: 2:00pm
Wed. April 16	Lacrosse	RAISE Depart: 12:45pm Return: 2:10pm	Metro Billiards	Metro Billiards Depart: 12:40 PM Return: 2:00 PM	Terwillegar Swimming	Terwillegar Rec Center Depart: 12:20pm Return: 1:50pm
Thurs. April 17	Combat Archery Waiver	Combat Archery Depart: 12:20pm Return: 1:50pm	Pilates Waiver	FORZA Walking - Depart @ 12:30 pm	Lacrosse	RAISE Depart: 12:45pm Return: 2:10pm
Tues. April 22	Fitset Ninja	Fit Set Ninja Depart: 12:30pm Return: 2:00pm	HIVE Fitness Waiver	Hive Fit Co Depart 12:20 Return 1:50	Combat Archery Waiver	Combat Archery Depart: 12:20pm Return: 1:50pm
Wed. April 23	WEM Waterpark Trip (Private event booking)	WEM Waterpark Depart: 8:00am Return: 12:15pm	WEM Waterpark Trip (Private event booking)	WEM Waterpark Depart: 8:00am Return: 12:15pm	WEM Waterpark Trip (Private event booking)	WEM Waterpark Depart: 8:00am Return: 12:15pm
Thurs. April 24	Bowling	St. Albert Bowling Depart: 12:45pm Return: 2:00pm	Servus - Fitness Center	Servus Depart: 12:45pm Return: 2:10pm	Fitset Ninja	Fit Set Ninja Depart: 12:30pm Return: 2:00pm
Tues. April 29	HIVE Fitness Waiver	Hive Fit Co Depart 12:20 Return 1:50	Bowling	St. Albert Bowling Depart: 12:45pm Return: 2:00pm	Servus - Swimming	Servus Depart: 12:30pm Return: 2:10pm

Wed. April 30	Servus - Fieldhouse (concrete floor)		Fitset Ninja	Fit Set Ninja Depart: 12:30pm Return: 2:00pm	Bowling	St. Albert Bowling Depart: 12:45pm Return: 2:00pm
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Activity	Required Equipment
Shoot 360 - Basketball	Indoor shoes Water bottle Exercise clothing
Activate	Indoor shoes Water bottle Exercise clothing *Waiver*
Panters Boxing	Indoor shoes Water bottle Exercise clothing
Factory climbing - rock climbing	Water bottle Exercise clothing *Waiver*
Pickleball	Indoor shoes Water bottle Exercise clothing
Metro billiards - pool	Water bottle

Foam fighters	Indoor shoes Water bottle Exercise clothing *Waiver*
Lacrosse	Indoor shoes Water bottle Exercise clothing
Combat Archery	Indoor shoes Water bottle Exercise clothing *Waiver*
Fitset	Indoor shoes Water bottle Exercise clothing
WEM Waterpark	Swim gear Towel Money for food Money for lockers
Bowling	Water bottle
HIVE fitness	Indoor shoes Water bottle Exercise clothing *Waiver*

Servus - Fieldhouse	Indoor shoes Water bottle Exercise clothing
Servus - Swimming	Swim gear Towel
Servus - Fitness Center	Indoor shoes Water bottle Exercise clothing