

## Red Wings Hockey Nov. 2013

Date	Pick - Up	Activity
Nov. 5	M.M.	Hockey
Nov. 6	M.M.	Hockey
Nov. 7	Servus	V – ball/Kick Boxing
Nov. 12	M.M.	Hockey
Nov. 13	M.M.	Hockey
Nov. 14	A.L.	Pilates/Fitness/P.E.
Nov. 19	A.L.	Rock Climbing
Nov. 20	M.M.	Hockey
Nov. 21	M.M.	Hockey
Nov. 26	M.M.	Hockey
Nov. 27	M.M.	Hockey
Nov. 28	Dynamyx Gymnastics Club	Gymnastics

- All students are expected to be picked up by 3:30 for ice sessions and 3:00 for off ice sessions
- All athletes are expected to have a water bottle and a change of clothes for all activities.
- Dynamyx gymnastics club is located at 20 Chisholm Dr. in Campbell Park.
- Please read schedule carefully, there are some changes to routine due to facility availability.
- **On Nov. 19 the athletes will be rock climbing at Rock Jungle in Edmonton. Athletes will be bussed back to A.L. for there 3:00 pick up.**