

St. Albert Sports Academy Recreation Program

Bertha Kennedy Catholic School

“Athletics are a Dress Rehearsal for Life”

780 458 6101

totoski@gsacrd.ab.ca

October 2025 Schedule

Date	Location	Activity	Equipment	Lunch
Oct 1	Albert Lacombe School	Handball	Shoes, Water Bottle	At School
Oct 6	Willoughby Park	Tennis	Shoes, Water Bottle *Can bring personal tennis racquet *tennis racquets will be provided	At School
Oct 8	Langholm Park	Disk Golf	Shoes, Water Bottle	At School
Oct 13	Thanksgiving			
Oct 15	Servus Place	Volleyball	Shoes, Water Bottle	At School
Oct 20	St. Albert Bowling Alley	Bowling	Indoor shoes, Water Bottle	At School
Oct 22	Albert Lacombe School	Glow Yoga	Water Bottle	At School
Oct 27	Game OVR	Virtual Reality	Shoes, Water Bottle	At School
Oct 29	Game OVR	Virtual Reality	Shoes, Water Bottle	At School