On Ice Player Skill Testing

Name	FLX	FRX	BLX	BRX	30	100	100A	OA	FP	BP	FSP	BSP	SA	On Ice Endurance	ATT

St.Albert Sports Academy

Guide:

FLX- Forward Left Cross Over

FRX- Forward Right Foot Cross Over

SA- Shooting Accuracy

BRX-Backwards Right Cross Over

BLX- Backwards Left Cross Over

30- 30 Foot Sprint

BSP- Back Hand Saucer Pass

100A- 100 foot Agility

OA- Oilers Agility

100- 100 foot Sprint

ATT- Agility Tightturn

BP-Back Hand Pass

FSP- Forehand Saucer Pass

FP- Forehand Pass